



Traditions and Service Workshop



EVENTS OF THE WEEKEND

Friday, November 7 – Saturday, November 8, 2025

Sponsored by:

Region 3 & Houston Metro Intergroup

Available on Zoom and in Person

Oasis Club Houston, 5645 Hillcroft, Suite 102

- ❖ Friday, November 7
7:00 pm – 8:00 pm – Speaker Meeting – Region 3 Vice Chair will be speaking
- ❖ Saturday, November 8
1:30 – 3:30 pm Opening & Using the Traditions in our relationships inside and outside of the rooms
- ❖ 3:30 – 3:45 pm Break
- ❖ 3:45 – 5:00 pm Roadmap to Holiday Recovery
- ❖ 5:30 pm Fellowship Dinner at Barnaby's Cafe



Fellowship Meal (anyone can join whether attended the Sessions or not)

Saturday, Nov 8th 5:30 pm
Barnaby's Cafe
1936 Fountain View

**7th Tradition
Donations
Accepted**

HOPE YOU JOIN US!

Fri – Sat Nov 7-8, 2025

Oasis Club and Hybrid

OA Literature for Sale Cash/Check



Zoom Login:

Meeting ID: 863 1665 1362
Passcode: 2020

For More Info Call Beth M
832-689-3162 after Oct.12

Overeaters Anonymous ♦ Together We Get Better

hybrid