



OA HOW RETREAT

Overeaters Anonymous H.O.W.

AUG 9-11, 2024 | 4:00 PM FRI. – 1:00 PM SUN.

430 BUNKER HILL ROAD, HOUSTON TEXAS 77024
(LOCATED AT HOLY NAME PASSIONIST RETREAT CENTER)

Retreatants Receive:

- Private Room, Private Bath
- Six (6) delicious abstinent meals prepared for you
- Review of all twelve steps (plus small group breakouts)
- \$265 for entire weekend including meals and lodging
- Optional opportunity for private conference with priest
- Optional exercise including yoga
- Beautiful grounds, serene environment

<https://holynameretreatcenter.com/12-step-retreats>

<https://www.oahowhouston.org/event/oa-how-retreat/>