

Staying in Recovery — Wisdom from Around the World

A 24-hour virtual event beginning at 1:00 a.m. Mountain Standard Time

Thursday, December 12, 2024



Overeaters Anonymous has designated December 12 (12/12) as International Twelfth Step Within Day. The purpose is to encourage OA service bodies, meetings, and individual members to reach out to those within the Fellowship who are still suffering from compulsive eating behaviors. This 24-hour event will bring experience, strength, and hope from speakers around the world.

This 24 hour event will be on Zoom

<https://us02web.zoom.us/j/82065396105?pwd=ZsG7gQCajMKvE2JawbYeSpeD66LAUz.1>

Meeting ID: 820 6539 6105 | Passcode: 121212



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R3's Workshop is

Free From Relapse:

Helping ourselves and
each other stay free!

6-8 pm CT/ 5-7 pm MST

