


## Overeaters Anonymous – Houston Metropolitan Intergroup



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# Meeting List as of November 15, 2024

All times are Central Time (DST)

Day	Time	Meeting	Topic	Contact
<b>Sunday</b>	8:30 am	<p>Sunday Big Book Study - <b>Hybrid Meeting</b> (Mtg # 56317)                      Oasis Club                      5645 Hillcroft, Ste 102                      Houston, TX 77036</p> <p><a href="https://us02web.zoom.us/j/748286152?pwd=Q2RiVm9jeSsvSIVSWkc2dFgrUmFEZz09#success">https://us02web.zoom.us/j/748286152?pwd=Q2RiVm9jeSsvSIVSWkc2dFgrUmFEZz09#success</a></p> <p>Meeting ID: 748 286 152                      Password 1234</p>	<i>Big Book</i>	Donna 518-588-3405
	1:00 pm	<p>“Food for Thought” Topic Meeting (Mtg # 00835)                      *Currently only held virtually</p> <p>Green Bay St                      Houston, TX 77024</p> <div style="text-align: center;">  </div> <p>Zoom Mtg ID: 816-1849-0919                      Password: OAHOW</p>	<i>OA HOW</i>	Marsha T 713-446-4548
	2:00 pm	<p>OA Steps and Traditions Study /Once Monthly OA HOW Speaker (Mtg # 57441)</p> <p>Chapelwood United Methodist Church                      11140 Greenbay St                      Williams Building, Room 103                      Houston, TX 77024</p> <p><b>Literature</b>                      OA 12 &amp; 12 will be available for purchase at the meeting; also available at <a href="#">The OA Bookstore</a></p>	<i>OA HOW Steps and Traditions, Speaker on the last meeting of each month</i>	Greg 713-304-4614

Day	Time	Meeting	Topic	Contact
	6:00 pm	Woodlands Literature Meeting (Mtg # 57271)  Lord of Life Lutheran Church 3801 S Panther Creek Dr 2nd Fl, Library Rm The Woodlands, TX 77381	<i>Newcomer, Tools</i>  <i>Anorexia/ Bulimia, Young Adult</i>	Debbie 832-683-1563
	7:00 pm	OA Speaker Meeting (Mtg # 88971)	<i>Speaker</i>	Joe 281-300-6343 jaker@azphoto.com
<b>Monday</b>	10:30 am	Rotating Literature Study Meeting (Mtg #801274)  <a href="https://us02web.zoom.us/j/5954390550">https://us02web.zoom.us/j/5954390550</a>    Meeting ID: 595 439 0550 One tap mobile <a href="tel:+13462487799">+13462487799</a> 5954390550# US (Houston)  Dial by your location <a href="tel:+13462487799">+1 346 248 7799</a> US (Houston)  Rotating Literature Study: 12 Steps & 12 Traditions of OA, 12 & 12 of AA, the Big Book (AA), & have leader topics from For Today, Voices of Recovery or other approved OA & AA literature. We share Group Conscience with our sister Thurs 10:30 am mtg.	<i>Literature</i>	Nancy 713-851-3515 oabookworm@gmail.com
<b>Monday</b>	6:00 pm	<a href="#">Monday OA HOW Big Book and 12 &amp; 12 Study</a> (Mtg # 89938)  Virtual Event  an OA HOW Zoom Meeting    Meeting ID: 816 1849 0919 Password: OAHOW	<i>OA HOW Big Book &amp; 12/12 Study</i>	Marsha T. 713-446-4548